



The Asthma Education Clinic

Asthma 401 on CD

The self-paced audio edition of our
acclaimed asthma course for
present and potential Asthma Educators

Covers all essential topics in the NAECB matrix
Helps prepare for the Certificate in Asthma Education (AE-C)

Revised to include the new NHLBI Guidelines

Course instructor

Gaynor Govias, B Sc, B Ed, CAI

Presented by

The Asthma Education Clinic



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Asthma 401 on CD

Helping you prepare for the Asthma Educator's Certification Examination

Are you studying for the Asthma Educator's Certification examination, but find you lack the time to attend our live Asthma 401 telecourse?

If you said "yes", **Asthma 401 on CD** is for you. *Asthma 401 on CD* is a condensed audio version of our acclaimed live eight-week teleclass. *Asthma 401 on CD* is for asthma educators who want to prepare for certification, learn more about asthma, and improve their teaching skills, but who do not have the time to attend our live Asthma 401 course.

What it is

Asthma 401 on CD is a self-paced asthma course for health professionals. It consists of 8 lectures, on audio CDs, that cover all essential topics in the NAECB matrix. You listen to each lecture, or even to part of a lecture, at your own convenience – at home, at work, or even in your car.

Asthma 401 on CD is almost identical to our live Asthma 401 telecourse. Only the interaction between instructors and participants, which occurs during the live course, is missing from the CD version.

What you will learn

Asthma 401 on CD is presented through eight lectures, each about one hour in length. The lectures cover the following topics:

- Pathophysiology and Guidelines
- Diagnosis and Monitoring
- Assessment and Differential Diagnoses
- Triggers and Exposure Reduction
- Pharmacotherapy
- Delivery Devices and Action Plans
- Conditions and co-morbidities of asthma
- Teaching the patient with asthma

Instructor

Your instructor is Gaynor Govias, one of North America's leading asthma educators.

GAYNOR GOVIAS, BSC, BED, CAI

Ms Govias is a graduate of the National Respiratory Training Centre (U.K.). She has been a Certified Asthma Instructor since 1994. She was a Director and Vice Chairperson of the National Board, Allergy Asthma Information Association of Canada.

She has provided consulting to North American pharmaceutical companies and training services at national asthma conferences, and has conducted workshops nationally and internationally. She is a certified teacher with over 30 years of teaching experience. She has worked as a consultant in the development of teaching materials, teaching programs and presentation of workshops to both children and adults. She has over 15 years of experience in designing and administering unique educational programs for a variety of groups of all ages.

She is a frequent contributor to *The Asthma Education Quarterly*, a magazine for asthma educators, and is the author of numerous publications and reference works for asthma educators. She is also co-author of *Asthma Education: Principles and Practice*, a textbook for asthma educators.

Course materials

The *Asthma 401 on CD* course package consists of nine CDs, together with textbooks and workbooks. The printed materials are designed both to accompany the course lectures, and to serve as reference texts later. The package also includes a three-ring binder for storage of notes and printed materials. The complete contents of the package are as follows:

CDs

- eight audio CDs containing lectures for the 8 "units" that comprise Asthma 401
- one data CD containing support files

Textbooks

- The Fundamentals of Teaching: *Guidelines for Asthma Educators* - second edition
- Delivery Devices for Asthma and COPD Medication: *Selection, Use and Care* - fifth edition
- "When I Nod, I Mean No!": *Behavioral guidelines for health professionals working with people from other cultures*

Workbooks

- Case Studies in Asthma Management: *A Learning Aid for Asthma Educators*
- Practice Multiple-Choice Questions for Asthma Educators

Professional publications:

- *Environmental Triggers of Asthma*
- *Associated Conditions of Asthma*
- *Asthma and the Elderly*; and
- *HFA Inhalers* (reprint from The Asthma Education Quarterly)

Asthma Quick-Reference Chart

Three-ring binder for storage of course materials

CE Credits

10 CE credits are awarded upon successful completion of Asthma 401 on CD. One user of Asthma 401 obtains these credits at no additional charge. For CE credits, other users pay a fee and then successfully complete the course. Complete details are enclosed with the course package.

The Asthma Education Clinic Ltd. is a provider (provider 14165) approved by the California Board of Registered Nursing for 10 contact hours.

Prices

Asthma 401 on CD package \$647
 (includes shipping to the USA)
 Two-day courier service (to USA) . . . additional \$83

All prices are in US dollars.

International shipping costs vary by country. Please call, e-mail or fax us for details.

To order Asthma 401 on CD

USA and Canada: call toll-free (888) 278-4626.
 From all other countries, call +1 780 988 6014.

We accept VISA, MasterCard, and bank drafts or International Money Orders.

For more information

For more information, contact us:

- by phone

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Visit our web site at www.asthmaed.com for information about our other services and publications, including a quarterly asthma newsletter – *The Asthma Education Quarterly* – for asthma educators; forms for clinic use; teaching kits; textbooks; a textbook updating service; and a packaged five-evening asthma course intended for delivery by asthma educators to their patients.

We are on the web at www.asthmaed.com.

The Asthma Education Clinic Ltd.

Helping you help people with asthmaSM

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